



A Reality Check: Student Objectives Parts 1 and 2

Based on SHARE © Life Choices of Kings County

45 minutes required for each part

Day One

1. OPENING – Speaker introduces himself and A Door of Hope
2. 5 to 10 YEAR GOALS – Students will articulate goals, the connection between healthy choices, the attainment and protections of these goals.
3. CHARACTER OF MARRIAGE/PERMANENT RELATIONSHIP – Students discuss what qualities they would want.
4. LIFE LESSON ANALOGY – Students will articulate that avoiding a mistake is easier than compensating for one. Students are encouraged to pursue healing and refocusing on their goals if they have gotten off track.
5. DEFINE ABSTINENCE – Students will be introduced to a holistic definition of abstinence.
6. REASONS FOR SEXUAL EXPRESSION – Students will discuss and analyze the different motives teens might have for choosing a sexual relationship.
7. POSSIBLE RESULTS OF SEXUAL EXPRESSION – Students articulate the possible results and analyze the impact consequences may have on their future goals. Focus is on the impact of choices on their future marriage or permanent relationship
8. CLOSING OF FIRST DAY – Questions received and topics of second session are introduced.

Day Two

9. REVIEW FROM DAY ONE.
10. PROGRESSION OF SEXUAL EXPRESSION – Using a humorous story, students will understand how sexual expression develops in the life of a teen couple and contemplate their own sexual boundaries. The impact to future goals is discussed throughout the progression.
 - a. Boundaries – Strategies for thinking through personal boundaries are discussed.
 - b. Refusal Skills – Students are given statements to deal with negative peer pressure based on how well they know the person.
 - c. Starting Over - Students are shown that even though they may have been sexually expressive, they can choose a healthier lifestyle. They are given practical steps to make this change.
11. INTIMACY LEVELS - Students will describe the difference between emotional intimacy and sex. Students will be introduced to the 5 levels of intimacy and the benefits of sexual expression being reserved for the context of lawful marriage.
 - a. Character of Marriage/Permanent Relationship – Students discuss the impact of this relationship based on the ability to set boundaries and develop intimacy.
 - b. Marriage vs. Cohabitation Statistics – Students compare the two. Several categories of statistics are examined so students may determine for themselves which relationship is the healthiest choice.
12. LOVE VS. INFATUATION – Students compare and contrast other-centered love with self-centered love.
13. CLOSING AND EVALUATION – Students and teacher are encouraged to fill out evaluation forms on the presentation.